



# Somerset Sight

Working with people who lack sight,  
not vision



The Queen's Award  
for Voluntary Service

01823 333818

## Somerset Sight - Working with visually impaired people across Somerset since 1919

We provide immediate help and support to enable visually impaired people to adapt to their sight loss and lead more independent lives.

The services we provide enable sight impaired people to:

- Have confidence to live independently
- Have improved emotional wellbeing
- Feel less isolated, especially those living in rural areas
- Access activities, volunteering and work experience



“Somerset Sight has helped me through the most difficult time in my life and I don’t know where I would be without them.”

## Resource and Rehabilitation Centre

The centre is based at Northfield House, Taunton and is open in office hours. Staff and volunteers demonstrate and give advice on the latest equipment available. Training is offered for a range of voice activated equipment, phones, tablets and specialist software.

**Equipment includes:** talking clocks, watches, magnifiers, kitchen equipment, large button phones, IT software & lighting and voice activated gadgets.

## Mobile Advisory Service (MAS)

The MAS visits more than 40 towns and villages around Somerset including hospitals and care homes to bring advice and low vision equipment to your locality. No appointment is necessary. Dates and locations are advertised in our magazine and website or call us for details.

**“Without the Mobile Advisory Service I wouldn’t be able to access the services and equipment I need.”**



## Emotional Support Service

Emotional support is offered to help individuals, relatives and carers come to terms with all aspects of sight loss. Support is free and can be face to face or by the telephone. If you feel that you would benefit from this service please get in touch.

## Hospital Eye Clinics

Trained volunteers support staff in hospitals throughout Somerset. They ensure that those with sight loss and their family receive the information and support they need.

## Volunteer Visiting Service

A volunteer can provide regular company, friendship and help with correspondence, day to day tasks and trips out. This helps maintain an active and social lifestyle without having to rely entirely on friends and family. Visitors are available throughout the county and are carefully trained to provide this unique service.



## British Wireless for the Blind (BWBF)

We are agents for BWBF, who provide easy to use audio equipment on loan.

These are designed to be accessible for visually impaired people of all ages.

## Social Clubs

Monthly social clubs are held in many towns across Somerset. They are a great opportunity for visually impaired people to meet others in a friendly environment. Please contact us for details of your nearest social club.

## Seeing Life Differently Days

These are designed to support people recently diagnosed, to adapt to their sight loss and remain independent. We cover topics such as aids to daily living, mobility, public transport, cooking skills and benefit advice. A chance to meet other people, make friends and share vital hints and tips.



**“It was brilliant and taught me a lot, everyone was very kind and helpful.”**

## Activities and Groups

Regular activities & groups run across the county including: **theatre trips, music groups, VI sport, pottery, craft and days out.**



## Children and Families

Childrens' activities are held during weekends and school holidays. Children have the opportunity to make friends and join in with fun days out subsidised by Somerset Sight. We also run parent support groups and cover specific topics of interest.



## Training

Somerset Sight provides a wide range of training for professionals caring for visually impaired people. Sessions can be full or part days, during lunchtime or evenings and at various locations across Somerset.



**“Now I understand the things that make all the difference to people with sight loss, I can do a better job”**

## Supporting Somerset Sight

Why not join our team of volunteers to make a difference in Somerset? You can also support our exciting events throughout the county. There are many opportunities for you to get involved.



## Leaving A Gift In Your Will

As a charity we need to plan our services for the future but without secure funding this can be difficult. Would you consider leaving a gift in your will to Somerset Sight? Any gift, however small, will assist us to continue our vital services.

## Thank you for your support

“Somerset Sight have been brilliant. There is always someone to talk to and I could not fault the support I have received”

If you would like to donate or require further information please call us on **01823 333818** or visit **[www.somersetsight.org.uk](http://www.somersetsight.org.uk)**

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